WHAT IS CLAIMED IS:

1. A ski exhibiting improved control in icy and hard packed snow skiing conditions, comprising:

a ski body having a tip, a tail, ski sides, and a boot binding region, a lower surface of the ski body forming a running surface for contacting a skiing surface;

ski edges extending along each ski side of the ski body adjacent the running surface between the tip and tail, one surface of each ski edge being an outer side;

at least one recessed area forming at least one channel in the running surface, the channel extending alongside and parallel to at least one of the ski edges of the ski for at least part of the length of the ski body to expose an inner side surface of the ski edge.

- 2. A ski according to claim 1, wherein the at least one recessed area is two recessed areas, one recessed area on each side of the ski body between a non-recessed portion of the running surface and one of the ski edge inner side surfaces.
- 3. A ski according to claim 1, wherein the inner side surface and outer side surface of the ski edge in the recessed areas form a blade edge with flat edge tips.
- 4. A ski according to claim 1, wherein the inner side surface and outer side surface of each ski edge in the recessed areas form a blade edge with pointed edge tips.

- 5. A ski according to claim 2, wherein the two recessed areas are located beneath the boot binding region.
- 6. A ski according to claim 5, further comprising a third recessed area in the running surface between the ski edges located between the boot binding region and one of the tip and the tail.
- 7. A ski according to claim 6, further comprising a fourth recessed area in the running surface between the ski edges located between the boot binding region and the other one of the tip and the tail from where the third recessed area is located.
- 8. A ski according to claim 1, wherein the running surface extends through the center of at least a portion of the channel, dividing the channel.
- 9. A ski according to claim 1, wherein the channel is formed as an elongated "X" shape in the running surface.
- 10. A ski having improved turning and control in icy or hardpack snow conditions, the ski comprising:

a ski body having a tip, a tail, ski sides, and a boot binding region, a lower surface of the ski body forming a running surface for contacting a skiing surface;

ski edges extending along each ski side of the ski body adjacent the running surface between the tip and tail, one surface of each ski edge being an outer side, at least a portion of an inner side of one of the ski edges being exposed to the skiing surface, the exposed inner side and corresponding outer side forming an edge tip.

- 11. A ski according to claim 10, wherein the edge tips have a flat bottom surface.
- 12. A ski according to claim 10, wherein the edge tips are chisel-shaped.
- 13. A ski according to claim 10, wherein the edge tips are formed under the boot binding region.
- 14. A ski according to claim 10, wherein at least a portion of the running surface is continuous all along its length between the tip and tail.
- 15. A ski according to claim 10, wherein the inner sides of the edges are exposed by at least one recess formed in the running surface.
- 16. A ski according to claim 15, wherein the at least one recess is an elongated "X" shaped recess.
- 17. A ski according to claim 15, wherein the at least one recess is a pair of recesses.
- 18. A ski according to claim 10, wherein edge tips are formed in at least three locations on each edge.

- 19. A ski according to claim 18, wherein edge tips are formed under the boot binding region, between the boot binding region and the tip and between the boot binding region and the tail.
- 20. A ski according to claim 18, wherein the three locations are discrete from each other.